



## Why Dental?

Good health starts with a healthy smile! Having dental coverage helps you get the care you need to stay healthy. It can also help keep your overall health care costs down.

[Learn More](#)



### Find a Dentist

Delta Dental has the largest network of dentists across the U.S. and Puerto Rico. Search for a dentist using our online dentist directory 24/7.



### Member Portal

Member Portal is a free service that gives you easy, secure access to your benefit information 24/7.



### Individual Plans

Delta Dental's individual plans give people access to quality dental benefits at an affordable rate.



### Dental Care Cost Estimator

Find out the cost ranges of common dental care needs for dentists near you.



### Special Health Care Needs Benefit

For 6.5 million people in the U.S. with intellectual or developmental disabilities, oral health care can be inaccessible or overwhelming.



### Keep your oral health in check with teledentistry

Teledentistry is a part of telemedicine, and it's a way for patients to receive health care evaluations or advice remotely using videoconference technology.



### 3 Reasons to Schedule a Dental Checkup

Are you leaving money on the table by not going to the dentist? See how you could be. Plus, learn more reasons to schedule regular checkups.