Friendship Stoplight Game

Purpose:

To explore friendships using a spotlight analogy

RED = Stop! These are bad signs of a friendship!

YELLOW = Caution! These are warning signing on a friendship!

• **GREEN** = Go! These are good signs in a friendship!

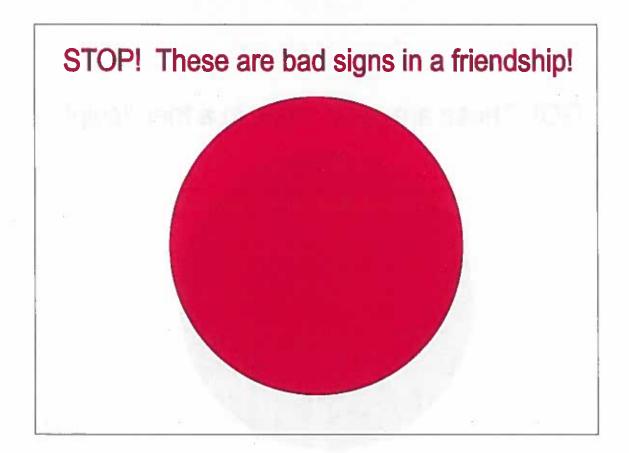
Materials:

3 Colour Heading Posters

15 Friendship Scenario Cards

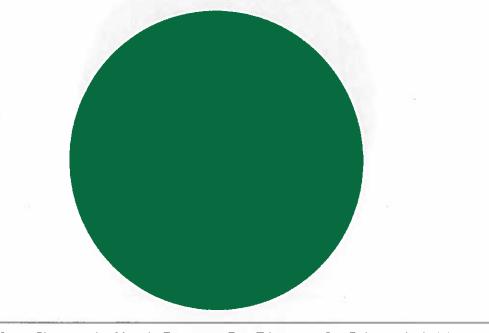
Instructions:

- Divide participants into groups and share the Friendship Scenario Cards evenly among the groups.
- Put the RED, YELLOW, GREEN poster headings on the wall.
- Instruct the groups to read the cards and decide which colour best represents each scenario.
- Have teams put them on the wall under the corresponding colour heading



CAUTION! These are warning signs in a friendship!

GO! These are good signs in a friendship!



Adapted from Changes In Me: A Resource For Educators On Puberty And Adolescent Development Peel Health Department: Healthy Sexuality Program – Contact Health Line Peel @ 905-799-7700

Friendship Scenario Cards



You are afraid of your friend's temper.



Your friend criticises you or people you care about.



Your friend threatens to hurt you.



Your friend bullies and makes fun of other kids at school.



Your friend pressures you to do things you do not want to do.



You are nervous that if you tell your friend something personal, s/he will tell other people at school.



Your friend sometimes makes fun of you.



You rarely get to plan what the two of you will do together.



Your friend tells you not to hang out with certain people.



You enjoy being with this person, but you also enjoy spending time with other friends.



You usually feel happy when you are with this person.



Your friend respects your feelings and your opinions.



Your friend talks to you about his/her feelings.



Your friend is happy when good things happen to you.



You say that you agree with your friend, even though you really don't. You are afraid they won't be

your friend anymore if you disagree.

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